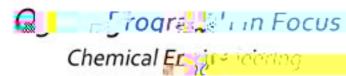


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When truth is blurred by subtle aberrations or outright misinformation, the veracity of information is left to one s context and perception. Without these, truth has no defense

What would you say defines you? Is it the sport you love or engage in? Is it the principles that guide you through life? Is it your residential address or your employment? Maybe it's your friends or your age. In life, what we think sets us apart from others isn't wholly objective. More often than not it is subjective, to the peculiar circumstances of our upbringing, life experience and belief systems.

is as inevitable as rain is Your personality, capabilities and

might occur, we must note what is important, that these judgments are almost always made through prejudiced and ignorant lenses. They remain at best, perceptions, not facts/

As biased as most perceptions might be it would be the height of naivety to think that we are immune to its unexplained and surprising power even to decide the dynamics of the most mundane social interactions. Lest we forget, even those who love us do so based on their perceptions of us whether founded in truth or otherwise. The only constant, in this most unending spiral to judge, is the existence of perception and that most times there is very little anyone can do a compared to be defined by others perceptions of us. Their perceptions aren't and shouldn't be our reality. They are what they are opinions, irrespective of our acquiescence.

In the end we are who we are, certainly not products of perception. Thus, we must live as though perceptions do not exist. As ideal as that may sound it might be the only way to survive in this perception—fueled entity we call life.

Rhella Agyare





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I always enjoy reading stories and watching films that are set in the future often in amazement at the mind-boggling ideas and inventions that are imagined by authors and scriptwriters. However, I think I've spotted a trend. Much of the contemporary science fiction on offer in films and books is decider# dystopian in its outlook i.e. It paints 22 ark vision of the future. Maybe this dreary picture does science a disservice? I want to be a little more positive and take a look at a branch of science, Chemical Engineering, whose advances are constantly bettering our world.

Pollution control, pharmaceuticals, semiconductors, adhesives, biopolymers, artificial kidneys, oil refineries, solar panels and ceramics. These are things that dominate the world of Chemical engineering. Chemical engineering is the branch of engineering that deals with the chemical and physical processes used to develop these and many other products. Chemical engineering applies fundamental principles in physics, math, chemistry, and biology to chemical and biochemical processes. While a chemist processing, and plastics manufacturing. might discover a new compound in the

Chemical engineering has deep roots in the structure of matter and molecular transformations; from the molecular scale design and synthesis of biocompatible polymers for the controlled release of drugs) to the global scale (e.g., measuring and modeling the chemistry of climate changes). Chemical engineers have contributed to the technological Mirastructure of modern industries such as petroleum processing, pharmaceutical and chemical manufacturing, food

lab, this compound would be nothing. For students who aspire to a professional more than a laboratory curiosity unless a career with chemical engineering at chemical engineer used his or her Jiangsu University, the undergraduate knowledge to quantify, scale up, test and courses in Chemical engineering provide a produce the compound as a final product. firm and broad-based education, with a

a provision for a substantial amount of specializations in the elective courses. Basic theory, skills and research methods of chemical engineering are carried out. After a four-year education, the studgetwill have the ability to serve the fundamental industry with modern scientific technique by of chemistry and engineering scientific resident process design, technical administration and enter the world of Chemical Engineering with a solid

100m WIII III W conservation, transformation of materials and their composition. The birth of chemistry has created too many disasters but it has As chemical engineers, we are continuously learning because there is so much information out there. I am mostly interested in Material Science because I like creating new things and would ultimately want to engineer products

Steven Indekwe (Rwanda)

On graduating from high school, the choice to be an engineer was definite for me but I didn't want to limit my opportunities after university. As a result, I researched different engineering courses on the internet and discovered chemical engineering. What struck me about it is how important it is in our society and yet most people don't know anything about it. Many of its applications include drug processing, perfume production, food processing to oil production and yes making bomb (like most people think). So every-time you buy something in the store remember that there is a chemical engineer behind it. After graduation I want to pursue my masters in the engineering process or food processing but I haven't quite decided exactly what I want to do yet.

Zvikomborero Matsungo (Zimbabwe)

I chose Chemical Engineering because it mainly focuses on chemistry & physics and these were subjects I enjoyed in high school. Also, chemical engineers acquire a wide variety of skills& have technical knowledge of chemistry, biochemistry, engineering, materials science and information technology which is something the Chemical engineering is not a restrictive choice as it offers many exciting career choices, it is a

multi-use degree so the job market is expansive. The branches I am really interested in and hope o cursure are biorhemical engineer no

mining steingry by stody my machemotics, sciences and technical drawing. I chose Chemical engineering specifically because it reach of analogation integration chemistry and design - want to spec-

ocess engineering which focuses on the resign; spinau on, teolia of anti-opentinau of chemical processes in industries.

Akbar Naeem (Pakistan)

ged, developed the society in which we live

are helpful to the society. As a Master's str

materials.

want to pursue Material Science and I am

especially interested in improving starting

I chose chemical engineering because it is the most versatile engineering major. Back in time when I was in high school, I was good in chemistry and that played a part in me choosing chemical engineering. One of my favorite branches of chemical engineering is polymer engineering. It is generally an engineering field that designs, analyses, and modifies polymer materials. Polymer engineering is quite fascinating and might be an area I might explore after my undergraduate degree.





23RD TRI-U JOINT SEMINAR

he 23rd TRI-U joint seminar and symposium was believed as the 23rd – 28th October at Bogor University in 1988 – 1988 of 17 students was chosen to represent Jiangsu University and was accompanied by several lecturers and Professors as well as the President & Chairman of Jiangsu University, Prof. Yuan Shouqi. Two of the 17 students that participated in this activity were students of OEC, Mr. Hervan Morgan and Mr. Siwathep Singh Khanderpor. These two students had this opportunity after almost half a year of paper writing and editing; trying to make their work better each time. At the end of the selection period they continued to be exemplary individuals in Power point preparation, dance and song preparation just as their fellow students from the Chinese delegation. Mr. Morgan represented Jiangsu University as part of Group A on the first day where the theme for his group was Food. The topic of his presentation was "Moringa Olifera's Use as a Source of Food and Energy to Alleviate Social

world without AIDS". The entire symposium was not only about work, and presentations but also about an exchange of culture and ideas.

Burdens in Developing Countries". Mr. Khanderpor represented







2016-2017 OPENING AND SCHOLARSHIP AWARDS CEREMONY

Academic Auditorium on the 29th of October, 2016. The opening remarks from Prof. Yuan Shouqi, Chairman & President of Jiangsu University, addressed to the success of OEC and students. What makes it more special was the list of guest speakers for this year's event, it was such an honor to have these respectable guests to recognize this year's special event, Prof. Yuan Shouqi, Chairman & President, Jiangsu University; Ou An Li, General Manager, Anhui Tiankang Group; Mr. Zhou Yong, Campus China Network, CEO, and the loving and talented people from the Association of Zhenjiang Retired Citizens Painting and Calligraphy. For the first time entrepreneurs from 14 companies joined in to inaugurate JSU's practice based for international talent by school enterprise cooperation. JSU received donations from the enterprise. Over 100 paintings were donated by the Retired Citizens Painting and Calligraphy Association. Mr. Zhang Hong, teachers' representative shared the experience and motivation. Part of the

JSU Presidential scholarship winners, CCN SET scholarship winners and SSU Presidential scholarship winners. Scholarship awards for 2015-2016 OEC excellent students, OEC Social Contributors, A&W Scholarship and Anhui Tiankang Scholarship winners. Prof. Gao Jing, Dean of OEC also presented certificates of honor to new class teachers of OEC to extend her support to the college and students.



LIFE BUILDERS' CONFERENCE

The 4th edition of the annual Life Builder conference under the theme 'The Leader In Me' took place on 17th -19th September, 2016. Right from the onset, the familiar aura of anticipation and excitement was in the air. Prof. Ren Xiaofei was the chairperson for this year's edition. Prof. Yuan Shouqi, Prof. Gao Jing, Prof. Li and the Dean of Shanghai university among the distinguished guest. OEC staff who were in attendance included Ms. Wang Limin, Mr. Dai, Mr. Wang, Dr. Arun Kumar, and Mr. Wu. As always, this year's conference witnessed interesting topics that sought to encourage and motivated participants. Topics included 'The Leader with a vision' (Mr. Stephen Beni), The Hallmark of A Great Leader' (Dr. Xu Xiao), 'Leadership, A Verb or Noun' (Mr. Solomon Duku), 'Leading by Innovation' (Dr. Arun Kumar) and 'Leadership and the World of Work' (Mr. Zhou Yong). Apart from the inspiring speeches by the illustrious guest speakers, other affairs on the schedule of day 3 included the awarding ceremony of the Prof. Yuan Shouqi, Prof. Gao Jing and Prof. Yong Chang Chen for their immense support since the beginning of this conference. There was also the introduction of the I.D.E.A platform, poigna

and an interview session of the executive

Yuan Shouqi, Prof. Gao Jing, Mr. Zhou Yong, Mr. Selasi Ocansey and Mr. David Mingle. They shared their experiences and interacted with participants by answering all questions. This year also saw students from Jiangsu University of Science & technology taking part in the conference. The event was truly a successful one with participants expressing their joy and anticipation for next year.



JSU TALENT SHOW & CLOSING CEREMONY

affair began at around 6:30pm on the 10th December, 2016 with the emcee's introduction of special dignitaries and invited guests of honor. Prof Yuan Shouqi and the Dean of OEC, Prof Gao Jing were formally introduced while the rest were saluted in the commendations. Prof Yuan Shouqi followed up with a vielcome speech after which the awards for the international culture festival were presented and then it was off to the races. Kicked off with a fashion show, the performances rolled in one by one, each one leaving the crowd more frenzied than the previous. The first contestant was Ada, an exceptionally gifted vocalist, who immediately turned up the heat. The message was clear; get ready to be amazed! This was followed by Star-Struck dance crew then by a mixed-arts ensemble of both solo performances and crews including Moon shadow performing classical arts from the Tang dynasty. Bili-pili performed 'A Journey to the West, Mr. Mao, a duo, sang and danced in a performance titled "the lonely end", the Phase merses a bin box dance are a proposed to "Transcitions" Mi. Nor with

the invisible white snake", Domaina did her rendition of 'love on top', and finally the Even odds, an Indian dance crew pulled off an unexpected, heart stopping and wondrously glorious performance of traditional Indian dance. After the performances there was online voting for the people's choice award winner. Invisible white snake was awarded the most creative performance while Moon shadow took the most entertaining performance award and Hi-Vo, the most energetic award. 'Even odds' won the people's choice award and the champions of the talent show. Prof Gao Jing gave a closing speech to wind you the event. The talent show was covered live by



2016 FOOTBALL TOURNAMENT

The United Stars of O.E.C was fully prepared for the 14th annual Jiangsu University sports meet, as it sought to defend its trophy. They were drawn in group B alongside School of Chemistry & Chemical Engineering, School of Mathematics, School of Management & Economics, and the School of Material Science & Engineering. The stars topped the group by beating each of the above teams by 15-0, 10-0, 12-0, and 5-1 respectively. The United Stars progressed to the quarter final stage, defeating the finalist of the 2015 competition, the Chinese post-graduate team by 4-1, booking it place for the semi-final. In this stage, the team met Jing Jiang College and again walloped them by 8-o. The team met the best side among the Chinese teams. The game was fierce for the first 60 minutes without any go sides. The only goal in the match came in 1920 inutes to the end of game by the hero Munachillau Munzele. This success was indeed, not achieved on a silver platter, but through teamwork, dedication, unity, perseverance, and above all, discipline. Congratulations to the United Stars!!



2016 ANNUAL SPORTS MEET

trained and managed by the International Students' Sports Association (ISSA) who did their best to put OEC on the map again by breaking their own record and setting a new record of 335.5 points. This year's sports meet the team won numerous medals in most events. Team OEC was ranked number 1 for the Track and Field events with 5 Bronze Medals, 7 Silver Medals and 25 Gold Indeals. The medical team of IMSA and Hand-In-Hand Discover lait with also helped to make this event a survey.







This semester, UISA and Jewels with the cooperation and help of OEC had an opportunity to launch a new project called "Host-Family Project for Female OEC Students" where they can find a home away from home here in China. A suitable candidate will have the opportunity to be introduced to a

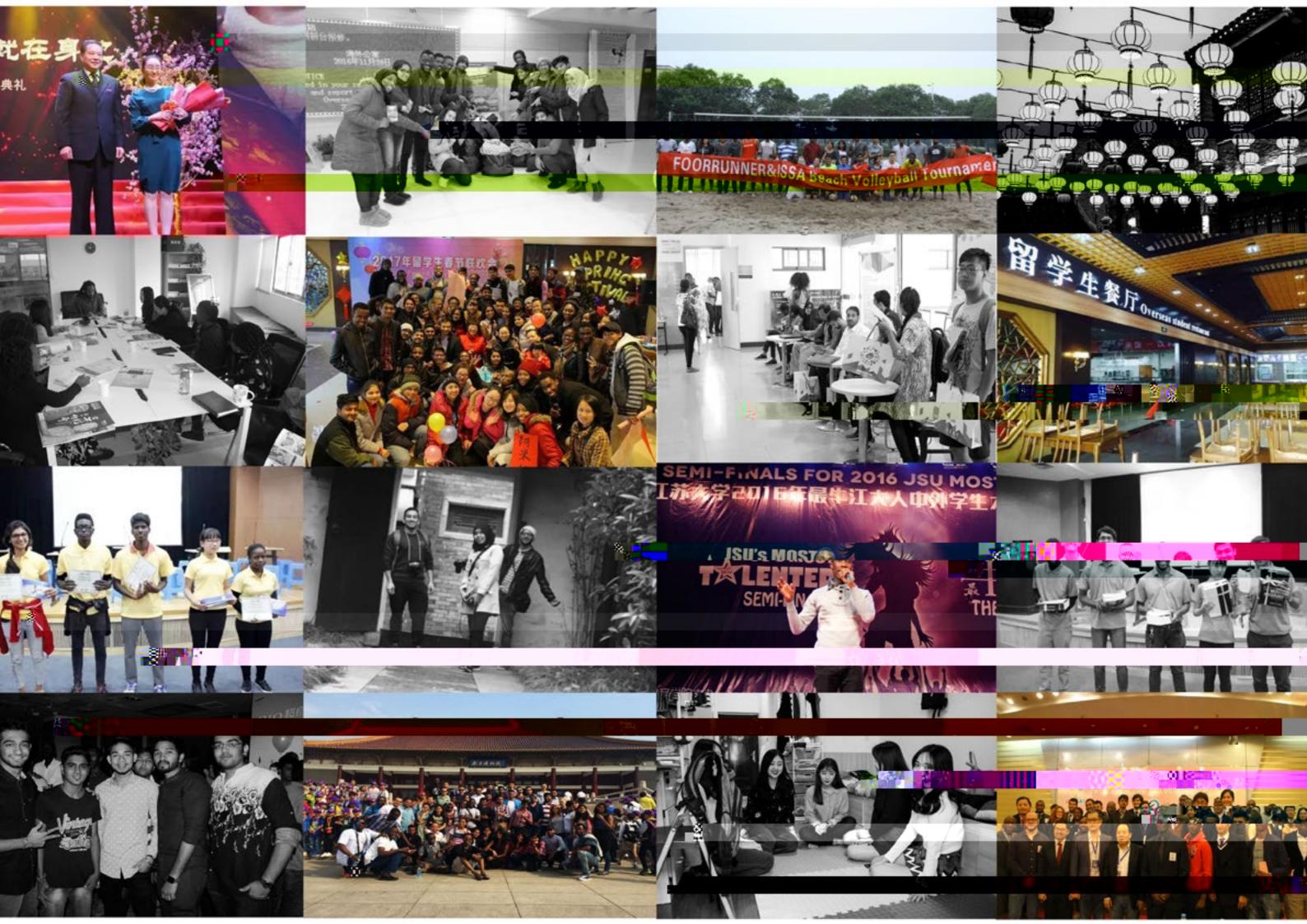
countries. Benefits of the said program way of life, having a family away from way of life, having a family away from way of personalized support and an opportunity to practice and improve students' Chinese skills.

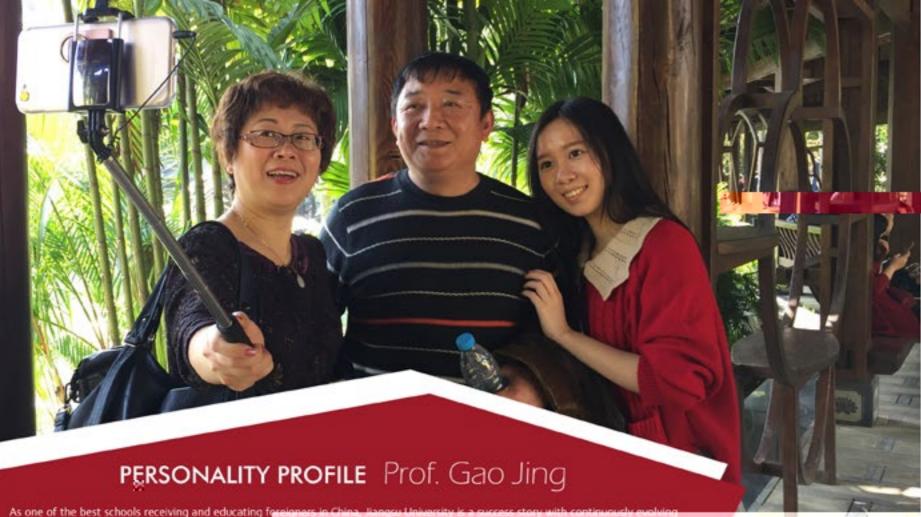
JEWELS: SHINE!











College (OEC) since 2008. Having been called in to resolve issues concerning foreign students, Prof. Gao was first appointed to the

Vice-dean position of what was then the International Education Exchange College (IEEC), from her former position as a Professor of

In 2011, Overseas Education College (OEC) was renamed from IEEC and became an independent college focusing on international students.

Prof. Gao was appointed as the dean of the newly established OEC. A transition that was not easy for her, as she had not had enough

experience working as a Dean with foreign students. However, the conditions have since improved as she has galacte bie juliance of the province of the provinc

In high school, 1.36 meters tall, Prof. Gao did not excel academically at first. Greatly influenced by her English teacher Shi Yan Yuan, our beloved Physiology Prof. Chen's wife, she took English to be her favorite subject. Working very hard to regain academic excellence, she managed to regain her position as the highest ranking student in a period of one year, and was placed into advanced classes and had to work harder. Throughout all of

this, Prof. Gao had a very active character outside school and had somewhat of a rebellious nature.

University Life and Career

Always fighting the stereotype that men are better than women, Prof. Gao moved to Nanjing city to pursue her university education. It is here she was to spend the next two decades. As a Nanjing University student, being exposed to excellent students from across the whole country, she was once again not the top ranking student. Here she joined the Biology department and majored in Physiology, something that proved well suited to her passions, as she tremendously enjoyed taking part in different experiments.

Right after the completion of the undergraduate program, she wasted no time, and stayed in Nanjing University to undertake the post-graduate admission examinations, passing with distinction the immediately injured the program. Taking part in

learning and memory, here she wrote multiple reviews and helped design many different experiments. Mainly supervised by Professor Wu Fumei, a very well accomplished instructor, who was strict with all her students and almost never satisfied, Prof. Gao developed hard working ethics and had to quickly learn to

avuid midking färry i miskaxies: finns Thirkön i hierped fine fillsor pass finn expectations, and extred hecmany different scholarshins.......







Personal Life **

of growth along with her students.

Prof. Gao is married to Mr. Xu Bangtian, a member of the police force, for almost three decades, with a daughter well on her way to completing her higher education.

methods and goals. This story is, in great part due tau-

"From the first day I met my husband as a young girl, he has been very encouraging and never stood in my way. A class monitor to my mother's class, it seemed to me he was capable of everything as he was an astute student, a talented artist and gifted athlete acting as his basketball team captain."



Larry me and Education

Born in Nanjing city, Jiangsu province, Prof. Gao grew up in a middle class family with her father working as an Engineer, and a mother working as Biology research scientist and teacher. At the age of three, she moved with her mother to Chengdu city, Sichuan province, separating from her father and younger sister. At the age of seven, she returned to Zhwith her mom. Living in close quarters with her family, it is here that she first learned how to take care of others and assume responsibilities, as she had to look after her younger sister and help her parents with certain household chores, as they were often busy with work.

In Zhenjiang, Prof. Gao started the five year primary school program, and under the direction of a teacher, who thought highly of her, she was encouraged to skip to middle school after only four years. At first however, this did not prove helpful as she struggled to cope with the rest of the students. Always keeping the words of her beloved teacher "You are a girl that never gives up" in mind, Prof. Gao worked even harder to get ahead, and her work proved useful as she graduated from middle school ranking top of her class.

Nanjing University without the entrance examination, as she had excelled in her post-graduate work. As a PhD candidate, she learned a great deal about team-work and encouraging people to work together. She was chosen as the representative of her university on the trip to the United States for the "Youth Leaders". Asian Pacific Area" conference, and for the first time she enjoyed her oral English.

After graduating from Nanjing University, Prof. Gao stayed to work as a lecturer. Within a period of less than two years she was promoted to Associate Professor, and for the following decade slowly worked her way to the status of Professor. In July 1998 to July 1999, she once again visited the United States as a visiting scholar, chosen along with four other Professors from the University. This period shaped her very much as she experienced a different culture with her host family and made many new friends in labs and out of school in different activities. She was an avid party goer and never missed out on the fun.

the School of Pharmacy.

Message to OECians

Always aiming for a harmonious working environment and trying to encourage her students, she relays to us, "I always like to learn from others, and this gives me the ability to easily relate and help them. If you help others, you will feel happy and if you make any kind of progress you will feel happy, then you can share your happiness with others. My threshold of happiness is very low."

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THEOlive

BANKING

N CHINA





B anking services in China are an important part of our lives. Whether it's paying tuition or paying a vendor for 均恒 Chaofan, we all interact with financial services of some kind every single day. It may be a challenge to choose which method of banking you should use. Taking a step further, regardless of where you come from, a Chinese bank account is a real asset during your stay in China as well as after you leave. Here's why:

- The Chinese Yuan is generally undervalued for trade purposes.
 That is to say the Yuan is valued at 1Yuan: 0.15USD whereas the purchasing power is actually 1yuan: 0.27USD. This can act as a hedge against recessions in other countries for you if you decide to save money in a Chinese account because the value is in fact high.
- The economy is growing which means the value of the money will also increase. Within 6-7 years the Chinese economy will take over the US economy which means soon after the Chinese Yuan will most likely overtake the US dollar in terms of purchasing power.
- Chinese Yuan value as well as the 4 major banks' activities are not determined by stocks and bonds but rather by the government policies.
 This makes the financial market fairly stable as fluctuations are minimal.
 This phenomenon has earned banking with Chinese banks the term "the Holy Grail of Investments"
- If you are looking to save money in the long term, once you leave
 China, the money will technically be inaccessible from most countries so
 you can easily leave it alone until you need it while it even gains i
 nterest.

The table below serves to offer a comparison amongst these choices so as to show you their different offerings:

Feature/Bunk	Feature/Bank ICBC BOC			ABC	Alipsy	
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Withdrawal (Other Bank,4)	-	4	. 4	4	0.10	
Account Inquiry (Bank ATM, k)		51		133		
Account Inquiry (Other Bank,k)	4.5	-	4.0	12		
Interest corned on deposit		7,55	- 10	6.399	Yu's Bac 1 EM	
VisuMasterCord	Yes	Yes	Yes	Yes	Cross border e- Payments	
Charges (USD)		8	45	4	1 5% of trans	
Corrency Exchange Charges	800+476	454	agestic.	•>>	3% of trans	
Countries you can access bank account. (5)	Catar Canada France	Thatand Mocambique Palostan	South-Africa Konsa England	Japan Germany Singapore	Germany, Italy UK, France	
Regions where branches are located.	Asia Europe N&S America	Australania S. America Africa	Africa Europe Australasia	Micelle East Europe Asia, America	Asia Europe	

NB* these figures are as given by the banking websites, please check with your bank for current rates.

With all this, we hope you can make an informed decision to keep/open your Chinese bank account and use it for investment and saving purposes. Your stay here makes it easy to open an account at any time therefore use it wisely and secure your future.

These reasons apply to you having a Chinese bank account in general. But the bigger decision which is even more immediate is deciding which bank to open an account with. There are 4 major banks (plus 1) in China you can choose from.

- Bladustrial and Commercial Bank of China (ICBC) 中国工商银行 is the largest bank in the world by assets and is ranked ast on the Forbes Global 2000 World's biggest public companies.
- Bank of China (BOC) 中国银行 is the 5th largest bank in the world and the 2nd largest lender to individuals as well as that of foreign exchange.
- China construction Bank (CCB) 中国建设银行is the 2nd largest bank in the world by assets and it ranks 6th on the Forbes Global 2000.
- Agricultural Bank of China (ABC) 中国农业银行is ranked 8th in the world top 2000 Banks and is 3rd on the Forbes Global 2000. It is also the 3rd largest lender to institutions as well as individuals.
- Ant financial (Alipay, 支付宝), has been functioning more like a traditional financial institution for online services. Its main banking options are Yu'e Bao and MYbank. It is currently valued at \$60 billion and is responsible for \$8% of all online transactions in China.

ICBC offers an international credit card to make online international purchases as well as pay vendors all over the world.

Bank of China has a 24/7 clearing service so you can make real-time transactions even outside of China.

- ABC was initially opened for Farmers so it has a large amount of capital and in turn offers the highest earnable interests on checkable deposits.
- Alipay is planning to expand its e-banking capabilises to India as well as other continents and bring its convenience to the world.

Adams More. Oun Zhoy. Fyving Xue, Fug

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Compiled By Ownsu Samuel Mensah

Best Oral Presentation

Engineering I

Haroon Ur Rasheed - Chemistry & Chemical Engineering

Engineering II

Ocansey Selasi Kwame - Computer Science & Communication Engineering Hervan Marion Morgan - Agriculture Equipment Engineering Ametepe Wolali - Computer Science & Communication Engineering Mengistu Destaw Addis - Electrical & Information Engineering

Engingeering III

Majeed Koranteng Osman -Resear Tur Trenter of Fluid Machinery Engineering & Technology

Finance and Management

Evans Takyi Ankomah-Asare - Finance & Economics Muhammad Imran - Finance & Economics

Culture Exchange

刘椿风 Hassn Ali - School of Marxism & Civil Engineering & Mechanics

Best Poster

Engingeering I

Ofori Donkor Prince - Food & Biological Engineering Kutsanedzie Felix Yao Huemabu - Food & Biological Engineering

Engineering II

Ruwa Nelson - Computer Science & Communication Engineering Ocansey Selasi Kwame - Computer Science & Communication Engineering Ametepe Wolali - Computer Science & Communication Engineering

Outstanding Papers

Engineering I

Haroon Ur Rasheed - Engineering & Mechanics Sarpong Frederick - Food & Biological Engineering Kwabena Agyemag - Food & Biological Engineering

Engingeering II

Ocansey Selasi Kwame

- Computer Science & Communication Engineering

Hervan Marion Morgan

Ametepe Wolali - Computer Science & Communication Engineering " Mengistu Destaw Aggis - Electrical & Information Engineering

... HUSFPID Firdae Alestrical Advantagementing Regions ring

Asante Eric Amoah - Agricultural Equipment Engineering Arshad Muhammad - Science

Engingeering III

Samuel Adu-Gyamfi - Mechanical Engineering Majjeed Koranteng Osman - Research Center of Fluid Machinery Engineering & Technology

Finance and Management

Muhammad Imran - Finance & Economics Evans Takyi Ankomah-Asare - Finance & Economics







Mr. Liu Baoli, Executive Secretary - General of CAECW











Research shows that, most food franchise, other than for profit's sake, increase the prices on their menus so that less people buy them. But, alas, the caffeine and alcohol driven society will still buy it even if it's the last of their money. Pizzerias, burger joints, you name any food outlet you frequent make their prices skyrocket, yet on any day you pay that particular food 'haven' a visit, it seems more people will be occupying the seats than in your last visit. As consumers navigating the food rich environments in which we live, we are faced daily, if not hourly with questions: can i eat this? Should I eat that? Why did I eat so much of this? Why did what they eat influence how much I ate? Etc. We are faced with abstract problems such as these.

These problems tend to be a real can of worms .On the other hand, consumers often struggle to resist unhealthy food temptations. According to research and studies, recent trends in final food demand show that the concept of food has undergone a radical transformation in recent years. It follows that the attention of consumers towards healthy eating is no longer exclusively focused on the reduction or elimination of substances that are considered to be unhealthy, but tends to move towards attributes that characterizes the product in positive terms such as freshness and naturalness.....

Different researches conclude that a better understanding of consumers' perception of healthy foods and its determinants are key success factors for market orientation, developments and for successfully negotiating market opportunities.

THEOlive

BING PA

HEALTHY

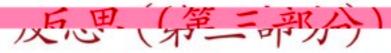
LIFESTYLE

As Jiangsu students, on the other hand, what should we eat? Is the Chao fan we eat daily a good meal? Where are vegetables in it, or the meat in it? Yes, a balanced diet should comprise of enough protein and vitamin. Which is debatable for the starch (carbohydrate) rich meal we gladly devour. Lest we forget, our apartments' resident chefs, does the food they cook, leave in the fridge for a couple of days to go stale, and microwave in a bid for a 'fresh meal', no pun intended, make up a good meal. Who mixes a better poison for themselves, the one who eats fast food, or the one who eats the 'not so fresh meal" or the one who takes carbohydrates even the leftover carbohydrate for breakfast? Question to ponder!

In a nutshell, the spade the reader will make out distinctly, is up to her, or him. And learned as we are, we all have read enough material at some point to be able to make wiser decisions concerning our food and health. Take caution and next time you open your mouth to eat anything, make sure it's healthy enough and fresh enough for you.

Reflections 111"

"Life can only be understood backwards, but it can only be lived forwards" - Soren Kierkegaard



"我们可以回忆之前的事情,但生命只能向前进行" — Soren Kierkegaard

The quality of one's life is measured, not by where he failed, but by where he succeeded. As it is, when you go to bed in the night, reflecting on the day you had, realizations of what was achieved in that day creep in your head, and you can instantly tell the level of successions of the same principles apply to our lives. At the end of this long life journey, we will reflect on what we accomplished, and hopefully we would have made the right choices. Making the right choices is never easy, especially in a system that seems rigged against us at times. However, I believe that our aim should not be to make perfect decisions, but rather make decisions.

More often than not, we are obliged to follow certain rules. These rules may be agreeable to us or not, yet they remain firm, because that is how our society has designed this system. However, these rules don't necessarily describe our convictions, because only our consciousness and learned morals can decipher us in that regard. It is well within my beliefs that no person or written book, has all the

answer we seek for guidance in life, yet we are taught from different viewpoints, where it be religion, education or culture, on how to lead our lives productively. Therefore, the simplest lesson that can be attained here, is that when morals are properly followed, we make conscious decisions that demand little or no regret. The easiest way to understand this, is through the negative feelings we get when we are misusing our time or assets, and yet we lack the willingness and energy to control our desires and urges.

In the previous articles of reflections, I stressed out the idea of self-serving contributions we can make to society, and still help ourselves as well as the world improve. As young minds, we often struggle with the abilities to prioritize and make the right long term decisions, as we are often conflicted between having a good time and making productive use of our time. However, the role of each individual to self, is to try and combine our passions with our ambitions, and reflect on almost a daily basis, as to whether we are heading in a good direction. As I have previously pointed out the DILEMMA we face, in doing what we want to do and doing what we have to do, I now point out again that the only way to solve such a conflict within ourselves, is to reevaluate our passions in comparison to our ambitions and direction.

My biggest desire is that, when I look back on my life in my old age, I will say that I used it the way I should have, and I have the least amount of regrets possible. In the movie "Saving Private Ryan" the James Francis Ryan's life, as a last-surviving brother of four servicemen, is valued to the point of sending out a team of eight men, who eventually lose their lives, indirectly, for him to live. In the scene ending the movie, he prays that he has used his life well in honor of them. This powerful scene, shows us the power of reflection, looking back to our accomplishments and wondering if they are deserving of praise.

衡量一个人的人生价值不应该看的他的失败之处,而应该看成功之处。实际上,夜晚 当你躺在床上,反思自己度过的一天,领悟到这一天做成了什么,会很快明白自己取 **得了几分成功。我相信这条原则同样逐用于我们的生活。从这种意义上讲,在漫长人** 生的尽头,我们将反思自己的成就,但愿我们都将做出正确的选择。做出正确的选择 从来都不容易,特别是在一个被操纵而对我们不利的体系中。然而,我坚信我们的目 经不应是做出完美的决定。而是做出不法特别们信念的决定

通常,既然我们在某间

胃口,但规则始终牢不可破,因为是社会塑造了这样一个体系。然而,这些规则并不 能完全体现我们的信念,因为只有意识和学到的道德品质才能揭示我们的信念。我相

,从各个方面,或宗教、或教育、或文化,如何走向檢果累累的人生。因此,我们应该学到一个最简单的道理,当我们很好地遵循道德准则,我们便可以清醒地做出决定,不留遗憾或减少遗憾。要理解这个道理,最简单就是通过当我们误用自己的对源或,如对于时产生的消极情绪。然而,我们的意愿和能量不能签。

动。

在之前的反思文章中,我强调了我们出于自私心态能为社会做出的 贡献,不仅帮助我们自己,同时推动了这个世界的进步。年少的我 们很难获得能够做出正确的长期决定并将它置于优先位置的能力, 这和我们像常常不知道如何在享受时光和充分利用时光之间找到平 衡是一个道理。然而,每个人都有一个自我的角色,那就是尝试将 激情和抱负结合起来,并且每日反思自己是否沿着正确的方向前行。 正如我先前指出的,我们在"想做的事"和"做着不得不做的事"之 间面临着两难境地,现在我要说,解决这一冲突的唯一途径便是从抱 负和方向出发,重新审视我们的激情。

我最大的渴望是在行将就木之时,回顾我的人生,我敢说自己就应该 这样度过一生,并留下尽可能少的遗憾。在影片《拯救大兵瑞恩》中, 作为家族军人四兄弟最后幸存的那个,詹姆斯.弗朗西斯.瑞恩的人生应 该从次这一点来评价,他帮助八人小队突围,虽然他们最终牺牲,但是 瑞恩却活了下来。影片结尾处,他祈求自己能够通过好好生活向死去的

并怀疑这些成就是否真的值得赞赏。

HANGSH HEINIESS IN



Belt and Road

UNIVERSITY-ENTERPRISE ALLIANCE

for Educating and Cultivating International Talents









The Alliance was founded on December 10th, 2016 at the conference center of Jiangsu University. The establishment of the alliance ushered a new era of university-enterprise cooperation and international talent education and cultivation. The old university-running model was updated into a brand new one in which knowledge innovation and talent cultivation are integrated with industrial upgrade, regional development and national strategy. The following projects are ongoing: "Opportunity in China" Fund; Overseas Campus of Jiangsu University (co-built with Australian Chinese Entrepreneur Association): Innovation Practice Base in US: Green Mountains and

Hansheng Information Technology Co., Ltd offered a fund CNY.

8,000,000 to support the entrepreneurship of JU students. The Green

Marchael Rivers Research Institute offers a fund of CNY as

The alliance is created as a part of "go-out" initiative which aims to transform Chinese manicuring into a Global one. Chinese enterprises

integrating global resources, capital, technology, talent and information. The new business prospect is implemented in Jiangsu Province as a part of a new Silk Road. New development opportunities are created alongside the undergoing construction of B&R and the need for integrating foreign talents and preparing Chinese ones for the process of globalization became cleaver. That is one of the reasons why Jiang the control of the provide a platform which can answer that need.

The platform can help Chinese companies to develop their business overseas in the way to provide a deeper understanding of western cultures, business regulations and behaviors. The bond between local and foreign talents aims to solve the issues of global expansion. Minimizing failure in foreign expansion processes is of paramount importance in reaching the above goals. The role of foreign talents and their value for Chinese companies in understanding the local business environment, bridging the cultural gap and perfecting development in overseas countries is underliable.

Chinese talents suitable for international missions. This objective requires an international education in order to get a better understanding of the

combines with global trainings and lifelong learning will lead to a better, more efficient growth of local companies.

Alliance in partnership with Jiangsu University is here to bring the best solutions for expanding Chinese companies. The next step is to organic

conferences based on them such as "the new internal driving forces" and
"the multilateral dialogue between Chinese and Foreign CEO's" Through
these conferences the focus will be on the internet industry, the
background of global financial reform and governance, the internet
development as well as shared value issues. The alliance will offer their
partners a better understanding on how to improve companie:

glebalization process and how to make better use of strategic advantages. Through all that, the alliance and foreign talents can make internationalization developments much easier.

LOOK OUT2017.

National Holidays



falls on the 15th day of the first lunar month. The important activities on the day are watching anterns and fireworks. uessing lantem riddles, erforming folk dances, and eating Yuanxiao rice dumplings). It is also known as Yuanxiao

Lantern Festival





It is the day on which the respect and appreciation for the hard work and achievements of women is celebrated. Wearing purple ribbons on this day is popular. Beginning from Soviet Union declaration as national holiday, it is now spread to eastern countries as

International Women's day



April 4th and 6th, which is one of the 24 easonal division points in China. It is more than a seasonal point to guide farmers, but also a festival of commemoration. The activities on the day include tomb sweeping ing outings, and

Qingming festival always falls between

Qingming Festival



This annual holiday is to celebrate the achievements and appreciate the toil of romoted by the nternational labor movement which evolved to acquire the right of 8 hours of labor t is also known as May Day in various

countries.

Labor Day



is celebrated on 5th day of the 5th lunar month. The most popular legend about the evolution of the festival is in nmemoration of Qu Yuan. The main customs on the day are dragon boat racing and eating Zonozi (pyramid shape glutinous rice dumplings wrapped in bamboo

Dragon Boat Festival



On this day, schools in China usually conduct activities like children's performances, camping trips, or free movies on Children's Day or the day before. Children of civil servants might also receive gifts from the government and Civil ervants who have children might have a half-day holiday to spend more time with their

Children's Day



The People's Liberation Army of hina was formed on a August

Beiling, However, now this

Army day



elebrated on 7th day of enth lunar month, Doubl eventh festival is full of nance. On this day people ay for skillful hands, eciate the stars, and eat dles, jaozi, and wontons. he urban youth celebrate this lay as Chinese Valentine's Day

Double Seventh



Academic Calendar

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GROSSWORD.

CHINESE HANZI

Across

- 1) Onw of the mobiles which Chinese people use most and has a fruit connected to it.
- 2) Vegetables cultivated in particular season
- 2) Baked food made of flour
- 4) Wechat red packets
- 5) One sided or unilateral
- 6) A portion of space separated from other
- area with walls on four sides.
- 7) See you tomorrow
- B) Mechanical device to elevate things

Down

- g) A hand bag
- 10) Menu
- 4) A color
- 6) A building in which people live
- 11) Cold weather
- 12) Ladder

MATHEMATICAL RIDDLES

YOU KNOW YOU'RE A LOUSY CRIMINAL WHEN:

YOU'RE IMPROPERLY DRESSED

A man broke out of a prison in January but guickly turned himself back in because he was cold

- YOUR FEELINGS ARE EASILY HURT
- A Good Samaritan noticed an elderly man being robbed, so he jumped in and punched the thief. The thief was so upset, he called the police to complain.
- YOU FALL IN LOVE TOO EASILY
- A woman had her purse stolen by three armed men in
- the parking lot outside her home. Two hours late

there was a knock on her door. It was one of the

- thieves. He had come by to ask her out.
- YOU HAVE YET TO CUT THE APRON STRINGS After unsuccessfully robbing a store, a young man ran across the street to another store, called his mother, and asked her to pick him up.
- YOU FORGET TO TYPE OUT YOUR HEIST MY
- A bank robber handed a bank teller a not "Need \$300 or I'll kill you. I'm serious." I little Mus. I'shi's
- what it, was intended to say-but the teller couldn't read the bank robber's handwriting. So the robber stepped aside to rewrite the note on a bank slip, giving the teller time to activate the silent alarm

- 2) Two fathers and two sons sat down to eat eggs for breakfast. They ate exactly three eggs, each person had a
- 3) A merchant can place 8 large boxes or 10 small boxes into a carton for shipping. In one shipment, he sent a total of 96 boxes. If there are more large boxes than small boxes, how many cartons did he ship?
- 4) Why should you never mention the number 288 in front of anyone?

- 6) What coin doubles in value when half is deducted?

- 8) Where can you buy a ruler that is 3 feet long?

1) ORIAEIDLT

- 2) SSCEAAMR
- a) RZZDLEI
- 4) WEGELODCKAN
- 5) ECARLSBM
- 6) DEACHRYLLDP
- 7) LDEINK
- 8) PPLEIFSR



- 10) EEBRRAAKWJ
- 11) NLEOATTIP
- 12) ELADRC
- 13) MPEEECIIT
- 14) SSSENIUB
- 15) IEAMRCC



Answers for "How Smart Are You" Will be put on the OEC WeChat Platform (OliveDaily) on the 24th March 2017

NTERTAINMENT MOVIE UPDATE

PIRATES & CARIBBEAN



Movie:The Great Wall Director: Zhang Yimou

Writers: Max Brooks, Edward Zwick

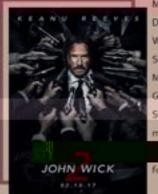
Starring: Matt Damon, Pedrol Pascal, Willem

Genre: Fantasy, Action, Adventure

Running time: 1hr 43 min

ynopsis: The Great Wall of China is surrounded with some kind of mysterious creatures and a

vall and the empire.



Movie: John Wick: Chapter 2 Director: Chad Stahelski Writer: Derek Kolstad

Starring: Ruby Rose, Keanu Reeves, Ian

Genre: Action, Crime, Thriller

Synopsis: This American action thiller lovie features the continuing

forced to backout from retirement.

Writers: Juan Ramon Ruiz de Somavia Starring: Guillermo Romero, Dani Rovira, Jose

Genre: Animation

Running time: 1hr 30min



Director: Jordan Peele

Starring: Allison Williams, Lakeith Stanfield, Bradely Whitford

Genre: Horror

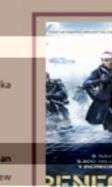
Synopsis: A young African American man



put him in a canine spa and there he faces his struggles with the support of his new friends.



family as normal but the weeks



him change his opinion.

Movie: xXx: Return of Xander Cage Director: D.J. Caruso

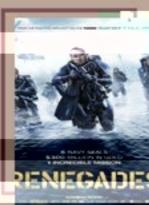
Writers: F.Scott Frazier, Rich Wilkes

Starring: Vin Diesel, Donnie Yen, Deepika

Genre: Action, Thriller, Adventure

nning time: 1hr 47 min opsis: Xander Cage returns from an

ncident that almost killed him for a new



Movie:Renegades Director: Steven Quale

Writers: Luc Besson, Richard Wenk

Starring: J.K.Simmons, Sylvia Hoeks, Sullvian Stapleton

Genre: Action, Thriller

Synopsis: A team of Navy SEALs discover

an underwater treasure in a war-torn

Serbian Bosnian lake when they try to

Movie: Rings

Director: F. Javier Gutierrez

Writers: Jacob Estes, Akiva Goldsman

Starring: Vincent D'Onofrio, Johnny Galecki, Laura Wiggins

Genre: Drama, Horror

Running time: shr 57min

boyfriend from the same.

Synopsis: A young woman gets a curse that threatens to take her life within 7 days. This curse was received by her in order to save her



Movie: The space between us Director: Peter Chelsom Writer: Allan Loeb

Starring: Asa Butterfield, Britt Robertson Gary Oldman, Carla Gugino

Genre: Science Fiction

revealed pregnant. She delivers her baby the red planet and the baby grows there b just seeing 14 people in his 16 year old life.











NAME

TCHOMGA PHILIPPE

HUANG DANMIN

PETER KINGORI GAKAI

SHRADDHA BAN

AKEY BENEDICTA CLEMENCY ADZO

NATHAN OFORI

AUGUSTINE BALAARA

HWANG TANG-HAU JIMMY

AMISSAH ELVIS JOHN KOJO

SONITESSA

AZIZ MOUNI

POKHAREL SUDEEP

BOLUKBAS ANIL

ADDO EMMANUEL

SHAH SHER BAZ ALI

NASHEED AHMED

DEGREE

Doctorate in Management Science and Engineering

Doctorate in Food Science and Engineering

Doctorate in Environmental Safety and Engineering

Masters in Business Administration

Masters in Business Administration

Masters in Clinical Medicine

Bachelor of Medicine and Bachelor of Surgery

Bachelor of Medicine and Bachelor of Surgery

Bachelors in International Economics and Trade

Bachelors in International Economics and Trade

Bachelors in Computer Science and Technology Bachelors in Computer Science and Technology

Bachelors in Business Administration

Bachelors in Chemical Engineering

Bachelors in Chemical Engineering

WORLD TOP
1000

200 200 BRICS 181



FOR THE FIRST TIME, JIANGSU UNIVERSITY ENTERED THE PRESTEGIOUS LIST OF TOP L

THE RANKING - TEACHING, RESEARCH, CITATIONS AND INTERNATIONAL OUTLOOK

OVERSEAS EDUCATION COLLEGE THANKS ALL OUR STUDENTS AND WELL-WISHERS FOR THEIR SUPPORT AND BELIEF IN US WHICH MADE JIANGSU UNIVERSITY AS A TOP CHOICE FOR STUDY IN CHINA.

WE WISH YOU ALL HAPPY AND SUCCESSFUL NEW YEAR!







Jiangsu University is proud to be rated as a 4 Star University by QS. This rating cements our teaching, employability, facilties, innovation, research etc., and provides a sound international benchmarking measure that provides a sound international benchmarking measure that provides a sound international benchmarking measure that provides a sound internation & development.

TEACHING EMPLOYABILITY

Internationalization | | | | |

FACILITIES

INNOVATION
INCLUSIVENESS





CULTURE FESTIVAL OF JIANGSU UNIVERSITY















































We all have dreams and aspirations; I aspire to be the next....., Well truthfully I want to be the next amalgamation of Winston Churchill, Bill gates, John Hopkins, Richard Lee and James L. Cox. These are some of my heroes but I digress, how do I become the amy perakkan maresize for myself? (Talk about exaggerated vision). Tow do you become the or whatever you aspire to be in the next (put whatever number suits you) years? Simple answer!!!! MIND YOUR OWN BUSINESS!!!! Don't "no he didn't" me! How dare I?!! Welt, I dare! Don't walk away! Let me finish. Get that frown off your face and don't comment yet. School is just one form of education, it's called formal education because it's just that; a platform to put all who pass through its doors on the same level. The part you high school it was said that you were all high school graduates and when you leave whatever university you are in, you will be tagged as a university graduate. But after the attainment of the first degree, some will be more knowledgeable than others, I am not talking about whether you got a first class or a pass (don't get me wrong, good grades are a good thing to aim for), I mean you will interact with graduates whom you won't believe by any stretch of your imagination left their tertiary institutions with just a pass written on their certificates because they interact on the level of great critical thinkers and vice versa. What causes the disparity?



Happy birthday to you!! How old are you? You are aging!!

Aging and growing are two words people use interchangeably to signify and indicate progress and maturity. Which are you doing now, growing or aging? I am about to go mind my own business but indulge me for the next ten minutes to intrude into your life. Most of us are coming to the realization that this stage called Adulthood is one of the most stressful and confusing times we will endure till we breathe our last breaths. Too many views and uncertainties coupled with exaggerated expectations from parents, friends and worst of all, self! There is no clear script as to what to do to be successful and rich! Arm I raising your level of anxiety yet?



The difference I have come to announce to you today (index finger in the air with a Martin Luther King stance) is informal and personal education. Your dreams and aspirations will require you to learn about things and skills others may find useless or just inconvenient, case in point, you may have the dream of being the next Warren Buffet or Jack Ma, let me query you a bit on these personalities and since you are probably in China, let's go with Jack Ma

- What exactly is his business? (Possible answers = owns Taobao and Alibaba)
 How does he make money from these websites? Does he get paid when you purchase from the site?
- 3) What differentiates him from the other online retail websites? (Economic and business principles I mean)

(Apply similar queries to whatever dreams you have if these don't apply to you.) If you are having a challenge answering these 3 simple questions, and you've had this dream for years then I announce to you again, on this issue you have aged and not grown! No university will teach you these things, you have to learn for yourself! The adult life is multi-dimensional, there is career, family,

emotional growth, intellectual growth, moral positions etc. (a topic for another day), and how are you growing on all these fronts?

A year from now or better still, a year from your last birthday when the well wishes pour in (and they will), can you through introspection announce to yourself that you have aged one more year, but you have grown also? Breathe! Stop hyperventilating! Breathe! It's not too late.

Start listing the things you need to know to help you achieve your "formal" and "informal" dreams, read to expand your knowledge (and I don't mean only your academic text books), listen to people who have iosinht into these fields, find mentors (online and in person). If incurs on having a working knowledge on issues in your field(s) of interest, watch television series (yes! You read right) which have a link to your area of interest and the list goes on and on but most importantly from all these things listed above (and more); learn something new every day and try to apply it or live it. Now go out there and mind your own business, pardon me but why am I even rumbling on about these things to intellectuals?

Let me mind my own business.

TECHNOLOGY A Necessity OR NOT

We are living in the world that sometimes doesn't really care about keeping people together, it's great to have the opportunity to expand ourselves by meeting new people and going to new places. Reality is that we now spend more time on our gadgets than we ud writh durithed, pleople around us also the earnity natures. Our technology is gradually replacing the time that we are supposed to spend with our loved ones. We have evolved so that our digital phones have become our physical

Has face-time made us forget to spend time face to face, we hide our emotions behind emoji, we actually hide what we feel behind our phones? Do we actually fee that calls would reveal too much? Do we prefer text instead of a one-to-one connect? It is funny how our instagram feeds are more like highlight reals and no

other. We are never alone but still lonely, alone together. We are meant to use things and love people, but today we prefer to use people and love things. We have drifted away from the connections and attractions to ourselves that we have focused too much on our screens, we have replaced the connection between ourselves with technology, it's like we cannot connect between ourselves without technology. Sometimes we just need to connect, to bond with our loved onest people who are close to us and also people around us without using our tech. We need to feel that genuineness of our connection between us. As ironic as it sound golf of us the first and last thing we see in our day is our phones. IPads, tablets etc. Parted from them we feel lost and confused. We turn to our phones in the crowed just to look busy. It is medically proven that spending too much time on our phone causes excessive stress, neck pains, headaches and other problems.

Once a young girl went up to her father who was using his phone and said "Dad how much do you make every hour? " Her father looked at her, slightly confused and replied "zoo dollars". She looked back at him and said "Dad, can I have a go dollars? " He looked even more confused and hesitatingly reached into his pocket and handed her a go dollars. She then reached into her back pocket, took out another go dollars, and said "Dad here is a zoo dollars, can I have an hour of your time.

The thing is we need to prioritize what matters to us, let's not have our minds full of notifications and emails but let's be mindful to noticing others emotions. We are always charging our batteries end updating our software, but what about recharging ourselves and upgrading our soft skills. It's so fascinating that we don't even actually remember the last time we logged out, switched of, took a digital detox. Sometimes we need to unplug, disconnect, so that we can connect and use our technology purposefully. We have confust the cancel of control with time, we use o gadgets to text a person next to us instead of just taking to trien race to race in an actual sense we need to be using it for those who are far away and use time for the people that are actually close.

The problem is not technology, it's the way we use it or at least the way it uses us. We should be much careful about what's on our newsfeed cause that's what we usually feed our minds. Let's try to cheat our phones. (Parls, tablets with our brooks.)

it won't be a mistake. We should not let people compete for our attention again our priories, let's give thern' our attention so that they can surprise us. Let's not create technology time zones in our homes so that the people who love us can be able to hear our voices and not just our ringtones. It's furnry how our phones have replaced our cameras, calendar and alarm clocks but we shouldn't let our gadgets replace the people who matters to us most. We shouldn't let our technology

Let's try to balance our use of technology and our being of humanits

Olivo Nowslotter







First thing's first

Vaping' is the name given to electronic nicotine delivery systems, including e-cigarettes, e-pipes, e-cigars and e-hookahs. (Some e-cigarettes don't contain nicotine, but the majority do and they're our focus here.) Nicotine is one of the substances absorbed by the body when a tobacco cigarette is lit and the smoke inhaled. By contrast, e-cigarettes and the like don't use tobacco and nothing burns.



Behind The Vapor: How Do E-Cigarettes Work?

Batteries heat a liquid containing glycerine or propylene glycol, water, flavouring and nicotine. This creates a fine spray that, when inhaled, delivers a nicotine hit. Exhaled, the tiny chemically loaded particles disperse in the air as a 'vapour' (hence the term 'vaping', and 'vapers' fore-cigarette users).

How Safe Is Vaping?

For decades, tobacco companies did everything they could to convince smokers that cigarettes weren killing them—insisting the jury was still out on the science despite dozens of studies that linked smoking with lung disease and cancer. As one tobacco executive famously wrote in 1969, "Doubt is our product...the best means of competing with the 'body of fact' that exists in the minds of the general public."

In the case of e-cigarettes, however, the jury really is still out, with scant scientific studies about whether they are a salvation for hard-core smokers, a potential scourge for young novelty seekers—or something in between.

The answer varies enormously depending on which expert you ask. But all agree that vaping is less dangerous than smoking. Why? Nicotine is highly addictive and can be poisonous if enough is swallowed, but it's not considered risky if absorbed correctly, which is why nicotine replacement therapy is delivered through patches or gum. While cigarette smoke contains many carcinogens, nicotine itself is not a carcinogen.

Are E-Cigarettes A Quit-Smoking Tool?

This is the heart of the issue and its key to whether e-cigarettes are legal from nation to nation. In many countries, 'therapeutic goods' are regulated much more tightly than 'consumer goods'. Australia, Belgium and Malavsia are among the countries where e-cigarettes

are banned, while in France, Germany and Ireland they are considered consumer products so don't have to meet health requirements. In New Zealand the government is currently calling for submissions on the issue. Laws vary because addiction specialists who advise health bodies are divided on whether vaping helps smokers quit or is a back door route to recruiting non-smokers. Even advocates acknowledge that vapitations are not yet known. In short, the jury is still out.

Pros

Smoking is the leading cause of prevent the premium death worldwide, killing nearly 6 Live year. By Sing on a "harm reduction" approach—which aims to minimize the deleterious effects of an addictive substance rather than encourage total abstinence—substituting e-cigarettes for tobacco cigarettes could save lives.

E-cigarettes generally contain fewer toxic chemicals and lower concentrations of carcinogens than tobacco cigarettes.

E-cigarettes may deliver less nicotine than regular cigarettes and thus may be less addictive.

E-cigarettes do not produce the side stream smoke in combustible cigarettes that causes dangerous secondhand exposure.

E-cigarettes match smoking's gestures, behavior patterns, and "throat hit," making them a more appealing alternative to traditional forms of nicotine.



Cons

E-cigarettes could serve as a gateway to conventional cigarettes—"renormalizing" nicotine use in public places and creating a net increase of people hooked on tobacco cigarettes.

E-cigarette vapor contains toxins and carcinogens suspected of being E-cigarettes are no more effective in helping people quit smoking than over-the-counter nicotine natches

drugs—and most smokers who use e-cigarettes to stop smoking appear to fail.

If e-cigaretes are redesigned to deliver the same levels of nicotine as regular cigarettes, they may foster addiction in young users who have not smoked before and lead to relapse in former smokers.

constraints and are targeted to youth, the more likely they are to gain a foothold in the market before all the scientific data are in.

CIGARETTE YOU DON'T SMOKE IS DOING YOU GOOD





SCHOLARSHIPS AVAILABLE TO OVERSEAS STUDENTS

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China-USA & Europe Culture Exchange Special Scholarship

Confucius Institute Scholarship

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SINO PG FORUM

The 2016 Sino-Foreign Post-Graduate Academic Forum which was held from 9th-15 December, 2016 was a great success. The organizers of the program divided the forum into six (6) main categories which include Engineering I, Engineering II, Engineering IV, Life and Medicine, Business and Finance Business and Finance Business and Finance Exchange and this was the first time the conference adore theme and

Exchange and this was the first time the conference adore theme

overseas education college (OEC). After vetting and scrutinizing the various papers received, 1207 papers were rejected and the accepted manuscript were presented at the conference in the form of Full paper, posters and oral presentation.

The Sino-Foreign Post-graduate Academic Forum of Jiangsu University, seeks to promote academic and culture exchange among Chinese and International students, it provides a forum to share scholarly research and findings, facilitate interdisciplinary exchanges and discussion among scholars, The conference help broaden the knowledge based and intellectual capacity of the attendees. It serves as a platform for multicultural exchanges whiles enhancing student's public speaking and presentation skills and also enhancing the internalization of the research faculty of Jiangsu University. The Sino forum further provides avenues for knowledge sharing of novel and innovation research as well as benefit from the scholarly experience of experts and professors in such fields, it provides collaboration between other universities in china and abroad. We wish to encourage all the postgraduate students and PHD students

6th Sino-Foreign Post-Graduate Academic Forum for Jiangsu University

THE JEWELS' ANNUAL DINNER

On November 12th, the ladies association of OEC celebrated their first anniversary as a shining jewels together at Zhenjiang Mingdu hotel with the theme of "Elegance: The Beauty That Never Fades". It was indeed a memorable night for everyone as they gathered together not just to celebrate the first year anniversary of the organization but also to welcome the new students! Dean of OEC Prof. Gao Jing, Vice Dean Wang Limin, Mr. Wang and other OEC members were in attendance at the said event. The guest speaker of the night was Ms. Hu Guo Ling, founder of Su Nan Commercial Trading Centre. The entire night was filled with excitement brought by the different performances from students as well as the raffle draw for everyone. The Jewels Annual Dinner was not attended by only ladies, but also gentlemen of the college. Overall, it was a splendid night. One filled with elegance and beauty!



to participle in next year's event.





INNOVATION DEVELOPMENT AND ENTREPRENEURSHIP ASSOCIATION (I.D.E.A.)

I.D.E.A. was founded on November 7th 2016. The organization's founders are part of OEC's fall intake MBA class, namely Timimi Adnan, Gergana Voynova,

Kalua, Raissa and Amma Gyapornaah Addae. This handful of entrepreneurs set out to establish a platform that would provide lianosu University students.

internships, business support, job offers and learning experiences. The concept of I.D.E.A. and its innovative organizational structure was immediately accepted by the class teachers and individual supervisors, who lent their full support to the cause. One of the first major difficulties to test the team's morale was the lack of a particular high-demand resource – time. With only a few members and an ever increasing number of deadlines to be met, both inside and outside the organization, IDEA did what most students would do in times of desperation. They stacked up on caffeine and got down to work. Since you

Life-Builder Conference. With the invaluable help of their Chinese friends and colleagues, the Hand-In-Hand volunteers, as well as representatives of faculties and organizations across Jiangsu University, I.D.E.A. hosted the official opening ceremony for the organization, on December 10th, in front of leading Chinese companies and potential investors. What happens next? Your guess is as good as mine. Join us next time, for the second part of this article, when we will catch up with the good people from the Innovation Development and Entrepreneurship Association. By the look of things, they're going to have a hell of a story to tell!







IMSA MEDICAL PLUS

On the 30th of November and 2st of December, the first ever platform where there was exchange of important Medical related knowledge between students and specialist doctors happened. Present at the event were Dean of OEC, Prof. Gao Jing and the patron of IMSA, Dr. Xu Xiao. On day 1, Prof Wong Yong Chuan shared knowledge about Chinese culture as an aid to learning. On day 2, Dr. Abdul Malik talked about Gastric cancer in the most basic form to ensure ultimate understanding of concepts. The event provided medical students a platform and opportunities to know more about their field and major which can surely help them today and in the future.









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OVERSEAS EDUCATION COLLEGE

JIANGSU UNIVERSITY ZHENJIANG, CHINA TEL:+511-88792566 E-MAIL: oecoffice@ujs.edu.cn Web:http://oec.ujs.edu.cn/en

